



THE ORBIT

Welcome to St Edmund's Northwood Hills

Sunday March 22nd 2020
Fourth Sunday of Lent
Mothering Sunday

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CORONA VIRUS As you may have seen the Archbishops have now recommended that all public worship should cease in churches as well as all meetings. In line with this public worship was suspended at St Edmund's from Tuesday onwards. I am sorry that we have to do this but it is necessary to keep people safe. The Church remains open for private prayer and devotion and you are welcome to visit whenever you like but you are advised to maintain the necessary hygiene standards and avoid close contact with others. The website will be kept up to date and I would encourage you to look at it regularly. We are hoping that some worship can be streamed and work is underway with that. We are also hoping to keep everyone informed by email so keep an eye out for that too.

The situation is difficult but it gives us an opportunity as the Archbishops say to be Church in a different way. We should of course keep praying- it is planned that the church bell will be rung at midday and it would be wonderful if we could all pray either the Lord's Prayer at that time or the Angelus (more about that later). There are some suggested prayers below. There are many people in our community who are not able to get out to shop etc and if we are fit and not self-isolating we may be able to help them. If you are in need of help please call Fr Michael or make contact

with him by email. If you are able to volunteer to help someone again please let us know.

DAY OF PRAYER The Archbishops have called for a National Day of Prayer and Action on Mothering Sunday (22nd March) – light a candle at 7pm and put it in your window, ring someone who is isolated and vulnerable; buy an extra item and place it in your local food bank, keep your night shelters open.

FEAST OF THE ANNUNCIATION Wednesday 25th March is the Feast of the Annunciation when we remember the Angel Gabriel visiting Mary and giving her the Good News that she was to become the mother of Jesus. The words of St Luke's Gospel are used to remind us of this event in the Angelus prayer which is traditionally prayed three times a day 6am, 12noon and 6pm. It is especially pertinent on this feast day and I would encourage everyone to pray this together at midday especially on Wednesday.

THE ANGELUS

*The Angel of the Lord Brought tidings to Mary.
And she conceived by the Holy Ghost.*

*Hail Mary full of grace the Lord is with thee
Blessed art thou amongst women and blessed
is the fruit of thy womb Jesus.*

*Holy Mary Mother of God pray for us sinners
now and at the hour of our death. Amen.*

*Behold the handmaid of the Lord
Be it unto me according to thy word
Hail Mary...*

*And the Word was made flesh
And dwelt among us*

Hail Mary...

Pray for us O Holy Mother of God

*That we may be word worthy of the promises
of Christ*

*Pour forth we beseech thee O Lord thy grace
into our hearts, that as we have known the
incarnation of thy Son Jesus Christ*

*By the message of an Angel, so by his Cross and
Passion may we be brought to the glory of his
resurrection.*

Through the same Jesus Christ our Lord Amen

PRAYERS FOR USE AT THIS TIME

*Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us from
your love
in Christ Jesus our Lord.
Amen.*

*Lord Jesus Christ,
you taught us to love our neighbour,
and to care for those in need
as if we were caring for you.
In this time of anxiety, give us strength
to comfort the fearful, to tend the sick,
and to assure the isolated
of our love, and your love,
for your name's sake.
Amen.*

*God of compassion,
be close to those who are ill, afraid or in
isolation.
In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory,
Jesus Christ our Lord.
Amen.*

More prayers and worship resources can be found here

<https://www.churchofengland.org/more/media-centre/coronavirus-liturgy-and-prayer-resources>

Please Pray for

The Sick Anne Andrews, Amy Austin, Sheila Bournier, Luana Cheng, Ethan Diggins, Barbara Fairclough, Kay Fletcher, Betty Glass, Iris Golding, Darren Hale, Gill Hale, Margaret Messenger, Lee Morgan, Suzanne Nicholls, Joan Rix, Ian Roberts, Penny Shervill, Ros Shirran, Peter Soar, Rita Thompson, Jack Warrick, Eileen Whalley, Derek & Joan Wilkins, Julie Windsor, Nora Wood, Alan Yates, Graham Yates

Recently departed Ken Limbert

Anniversaries of death Arthur Chippington, Alan Kotchie, Vic Curtis, Evelyn Griffin, Patricia Dawson, Betty Isard



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www.facebook.com/stedschurch

Copy for the Orbit should be sent to Mark Hammond by Wednesday lunchtime at the latest please – **orbit@saintedmundschurch.org.uk**